# Saotome Sensei’s Kumi-jo “Patrol” Forms

**Form #1**

A) Starts in “Patrol” Kamae

B) Left hanmi, initiates w/ tsuki attack

A) Executes one hand tip down block on the left, moves directly into shomenuchi

B) Deflects down and left with front end, slides to opposite end and does tsuki while stepping in with right foot

A) Slides back, executes tip up deflection (really a strike to the front hand); use the rebound to bounce off and use reverse end to tsuki (left foot forward)

**Form #2**

A) Starts in “Patrol” Kamae

B) Left hanmi, gedan hasso, initiates w/ shomenuchi (standard grip)

A) Moves off line to the right, executes two hand tip down block

B) Lets shomen strike rebound, steps forward w/ left foot and does tsuki w/ the opposite end straight up the center

A) Rotates back foot (right foot) to left, does tip down block, deflects the tsuki to the right, ends w/ a tsuki using left tip (left foot forward)

**Form #3**

A) Starts in “Patrol” Kamae

B) Left hanmi, initiates w/ tsuki attack

A) Steps back w/ right foot, executes rising spiral deflection, jo spins up to mid- level jodan position; left hand grabs, executes shomenuchi

B) Does tip down block, catches jo between hands and pulses it up and does tight falling spiral deflection into tsuki

A) Executes left to right deflection, steps forward w/ left foot and does tsuki w/ opposite end

**Form #4**

A) Starts in “Patrol” Kamae

B) Left hanmi, gedan hasso, initiates w/ shomenuchi (standard grip)

A) moves right, executes two hand tip down block

B) Attempts to strike jo out of A)’s hands by striking up underneath the block

A) Rotates off the line to right, pulls jo back behind the head onto the shoulders (as in kumi-jo #5), finishes w/ one hand strike to B)’s front knee

**Form #5**

A) Starts in “Patrol” Kamae

B) Left hanmi, gedan hasso, initiates w/ shomenuchi (standard grip)

A) moves right, executes two hand tip down block

B) When blocked moves directly into left yokomenuchi

A) moves left, orients towards center line, executes tight falling spiral deflection into tsuki for finish

**Form #6**

A) Starts in “Patrol” Kamae

B) Right hanmi, gedan hasso, initiates w/ left yokomenuchi

A) Moves left, executes tip down block (right hanmi); instantly after contact, twists, executes falling spiral deflection w/ left end, slides forward into tsuki (Left hanmi)

B) Moves right, executes tip down block, flows into right yokomenuchi

A) Executes downward right to left deflection, steps forward to B’s center w/ right foot and does tsuki w/ right tip

**Form #7**

A) Starts in “Patrol” Kamae

B) Right hanmi, gedan hasso, initiates w/ left yokomenuchi

A) As B’s yokomen comes, faces left and steps forward away from the strike w/ the left foot, unfolds jo from under the arm, left hand grabs end, blocks strike w/ right end (block is off the back right side); right foot does tenkan, left end of jo does falling spiral deflection into tsuki

B) Moves right, executes tip down block into right yokomenuchi

A) Executes downward right to left deflection, steps w/ right foot and does tsuki w/ right tip

**Form #8**

A) Starts in “Patrol” Kamae

B) Right hanmi, gedan hasso, initiates w/ left yokomenuchi

A) As B’s yokomen comes, slides to the left (right hanmi) and executes tip down block (right hand forward); as B’s strike hits, left hand releases and jo flips into falling spiral deflection which moves left to right, left foot steps forward and tsukis w/ reverse grip left tip

B) Moves right, does quick tip down block (left hanmi), into tsuki to A’s ribs

A) Rotates to the right, sticks w/ B’s jo and deflects it to the left w/ a tip down block, stays in left hanmi and finishes w/ tsuki to B’s ribs (left tip)

**Form #9**

A) Starts in “Patrol” Kamae

B) Initiates w/ tsuki to the face

A) Steps back w/ right foot, executes rising spiral deflection which spins into medium height jodan position, then delivers a right ashi strike, stepping forward w/ the right foot again

B) Steps back w/ the left foot, left hand slides to end of jo, right hand slides to middle of jo, right tip blocks the knee strike, left hand releases, jo flips into tsuki position w/ standard grip, right foot slides forward, does tsuki w/ right tip

A) Moves in on right, executes soft tip up deflection (as in Kumitachi #10); moves deep w/ the right foot while striking on left w/ strike to the mid-section

**Form #10**

A) Starts in “Patrol” Kamae

B) Left hanmi, initiates w/ left tip tsuki

A) Executes rising spiral deflection, spins into left tip tsuki (reverse grip), left hanmi

**Form #11**

A) Starts in “Patrol” Kamae

B) Left hanmi, initiates w/ left tip tsuki

A) Rotates counter clock-wise, executes right to left one hand deflection (keep under arm for power), spin into right hanmi, execute tsuki w/ right tip

B) Moves right, executes tip down block on left flowing right yokomenuchi

A) Right hanmi, executes *hasso gaeshi* on left side into tsuki w/ right tip (as in kumi-jo #4 finish)

**Form #12**

A) Starts in “Patrol” Kamae

B) Left hanmi, initiates w/ left tip tsuki

A) Executes rising spiral deflection which spins into medium height jodan position, then delivers a shomenuchi, stepping forward w/ the right foot again

B) Left hanmi, blocks w/ tip down block, pulses up and executes tight spiral deflection into tsuki w/ left tip