

Dan Harden Sensei

at Aikido Eastside

March 16th - 18th 2012



Classes for Experienced
And
Non-Experienced Students

Cost: \$125 Full Weekend (Experienced Students)
\$70 for Novice Student Block

Dan Harden will return once again to the Aikido Eastside Training Center to conduct classes for Aikido practitioners focusing on how to condition the body to develop internal power. These skills are not style specific and can be applied in any martial art from Aikido to MMA. We will offer classes for folks new to this kind of training as well as separate classes for experienced students. The exact schedule will be published at a later date. Keep checking on-line.



[On-line Info & Registration](#)

[Dan Harden at Aikido Eastside on Facebook](#)

[Other Guest Seminars at Aikido Eastside](#)

Aikido Eastside
13410 SE32nd St C-3
Bellevue, WA 98005

Contact: Josh Drachman
josh.drachman@aikieast.com
(561) 212-6809

